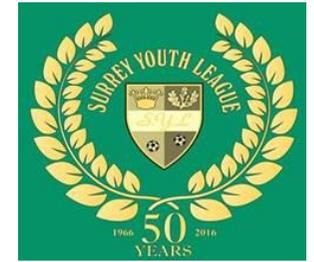




Sin Bins

A useful guide from Surrey Youth League



What are they?

From the start of the 2019/2020 season, all yellow cards for **dissent** in grassroots football will result in the player being temporarily dismissed from the field of play – or “sent to the Sin Bin.”

Reference to temporary dismissals is found in the Laws of the Game: Law 5 – The Referee (**Powers and duties**): Disciplinary action
The referee:

- has the power to show yellow or red cards *and*, **where competition rules permit, temporarily dismiss a player**, from entering the field at the start of the match until after the match has ended, including during the half-time interval, extra time and kicks from the penalty mark

A temporary dismissal is when a player commits a cautionable (YC) – (**in this case only dissent**) offence and is punished by an immediate ‘suspension’ from participating in the next part of that match. The philosophy is that an ‘instant punishment’ can have a significant and immediate positive influence on the behaviour of the offending player and, potentially, the player’s team.

How do they work?

The description below relates to a player receiving their first dissent caution of a game. Please refer to the table at the end for what happens if the player has previously committed offences during the game.

If a player commits a first act of dissent, the referee will show them a yellow card and point to the side of the pitch.

The player is required to leave the field of play and is not permitted to re-enter the pitch, or be substituted, until ten minutes of play have passed (eight minutes for all matches of less than 90 minutes). So it will be 8 minutes in any SYL game expect under 18’s where it will be 10 minutes (even if a double header or game shortened for any other reason) – The time in the sin bin starts when the referee starts their watch (game restarts)

There is no designated area the player must stand in, and they are permitted to warm up on the side of the pitch.

What happens after the match?

A referee is still required to report Sin Bin cautions to the County FA in the normal manner, and they will continue to count towards the accumulation of offences for Players, Teams and Clubs throughout the season; however there is no financial penalty for a single Sin Bin caution. Where a player is not permitted to return to the field of play under sin bin procedures, they will receive a £40 fine (£25 + £15 admin) and one match suspension (equivalent to receiving two regular cautions in a match). Sin Bin Cautions also still count towards the totting up process of cautions.

Frequently Asked Questions:

What offences do temporary dismissals apply to?

Temporary dismissals are only for cautions for (C2) - Dissent

Who do temporary dismissals apply to?

Temporary dismissals only apply to players (including goalkeepers) – they are not used for substitutes, substituted players or team officials

Does the Sin Bin period roll over?

The Sin Bin period will roll over from the First Half to the Second Half, and in to Extra Time, but does not roll over from one match to the next.

Can a Sin Binned player be substituted?

A player in their first Sin Bin can only be substituted once the Sin Bin period has elapsed and provided the Team has not used all permitted substitutions. A player who has previously committed an act of dissent is not permitted to return to the field of play.

Can a goalkeeper be Sin Binned?

Absolutely. If the goalkeeper is sent to the Sin Bin, they can be replaced by an outfield player and re-enter the field of play in an outfield position once the ten minutes have elapsed (or swap back when play stopped). – As long as they are wearing an outfield shirt!!

Can a Sin Binned player be involved in a Penalty Shootout?

Yes. Penalty Shoot Outs are used to decide the outcome of a drawn match, but are not considered part of the match itself. All Sin Bins expire at Full Time/the end of Extra Time.

Can a Substitute be sent to the Sin Bin?

No. If a substitute commits an act of dissent they will receive a standard yellow card.

What happens if a player commits an act of dissent after the final whistle or during a penalty shoot-out?

In this instance the player will receive a standard yellow card.

Are temporarily dismissals reported to the appropriate authority?

- Yes all temporary dismissals must be reported after the match
- They will also form part of the continual misconduct charge for cautions and for Club charges in relation to RESPECT Sanctioning

How does the referee signal a temporary dismissal?

- The referee signals a temporary dismissal by showing the yellow card (YC) and then clearly pointing to the temporary dismissal area

How long does the temporary dismissal last?

- The temporary dismissal period:
 - o 10 minutes in Adult Open Aged football or in Youth Football that consists of 90 minutes (under 18's)
 - o 8 minutes in Youth Football where less than 90 minutes is played (All other age groups)
 - o begins when play restarts after the player has left the field of play
 - o will include any time 'lost' for a stoppage for which 'additional time' will be allowed at the end of the half (e.g. injuries, substitutions)
- The referee remains the sole judge of the time.

What happens if the half ends and the temporary dismissal period has not been completed?

- If a player's temporary dismissal period is not over at the end of the first half, the remaining time is served from the start of the second half (this is the same at the end of the match if extra time is to be played)
- If a player's temporary dismissal period is not over at the end of the match, the player is permitted to take part in Kicks from the Penalty Mark (penalties)
- Any period unserved at the end of the game is lost and does not transfer to the next fixture

Where does the temporarily dismissed player go?

- A temporarily dismissed player should stay in the team's technical area; if there is no technical area the player should stay with the team's coach/technical staff (unless warming up)

Can a temporarily dismissed player warm up?

- For reasons of injury prevention, a temporarily dismissed player is allowed to warm up as if they were a substitute

When can the temporarily dismissed player return?

- Once the temporary dismissal period has been completed, the player can return from the touchline with the referee's permission, which can be while the ball is in play. (But not directly into active play)

Can a temporarily dismissed player be substituted?

- A temporarily dismissed player can only be substituted at the end of their temporary dismissal period. However, they cannot be substituted if:
 - o it is the player's second temporary dismissal and they have also received a non-dissent caution
 - o the team has already used all its permitted substitutes
- Substitutions must take place during a stoppage in play as per the Laws of the Game

What happens if a temporarily dismissed player commits another offence during a temporary dismissal?

- A temporarily dismissed player who commits any cautionable offence (including Dissent) (YC) or sending off/red card (RC) offence during their temporary dismissal period is not allowed to play again in the match and may not be replaced or substituted

What happens if a temporarily dismissed player results in the team having less than 7 players?

- The match will be abandoned at the point of going down to less than 7 players

Caution Offence1	Caution Offence2	Caution Offence3	On field Sanction
Dissent	-	-	Sin Bin
Dissent	Non Dissent	-	Sin Bin, Caution Recorded (No Send Off)
Dissent	Non Dissent Caution	Non Dissent Caution	Sin Bin, Send Off for S7
Dissent	Dissent	-	Sin Bin x2, unable to re-join, but can be substituted after 2 nd Sin Bin if not all Substitutes used
Dissent	Non Dissent Caution	Dissent	Sin Bin, Caution Recorded, Sin Bin, unable to re-join and CANNOT be substituted
Non Dissent Caution	Dissent	-	Caution Recorded, Sin Bin
Non Dissent Caution	Dissent	Non Dissent Caution	Caution Recorded, Sin Bin, Send Off for S7
Non Dissent Caution	Dissent	Dissent	Caution Recorded, Sin Bin, Sin Bin - unable to re-join, and CANNOT be substituted after 2 nd Sin Bin

Note: Should a player commit any offence, (Red Card or Yellow Card), whilst in the Sin Bin, then that player will take no further part in the game and cannot be substituted.